

Complimentary Hand Hygiene Educational Resources for Health Care Workers



Source: This poster and other posters are available for download from the CDC Web site at <http://www.cdc.gov/handhygiene/training.html>.



Source: This poster and other posters are available for download from Novant Health's Washing Hands Saves Lives Web site at <http://washinghandssaveslives.org/>.

Complimentary Hand Hygiene Educational Resources for Health Care Workers

Handwashing - Good!



- Use an alcohol-based hand cleaner and rub over hands until dry
- OR
- Wash with soap and warm water and lather over all parts of hands and fingers for 15 seconds

Rinse well with water

Dry hands well with paper towel and shut off water with paper towel

- Prevent illnesses and infections
- Save lives
- Save money

Germs - Bad!



www.publichealth.va.gov/InfectionDontPassItOn



Source: This poster and others are available for download from the US Department of Veterans Affairs website at http://www.publichealth.va.gov/flu/materials/posters_hand_hygiene.asp.