Comparison of the Major Types of Central Venous Catheters (CVCs)

| Catheter Type | Entry Site | Duration of Use | Advantages | Disadvantages | Comments |
|---|--|-------------------------------|---|--|---|
| Nontunneled CVCs | Percutaneously inserted into central veins (internal jugular, subclavian, or femoral vein) | Short term* | ■ Percutaneous insertion | ■ Require local anesthesia ■ May be inserted in the operating room ■ Dressing required over site ■ Risk of infection | ■ Account for the majority of central line—associated bloodstream infections (CLABSIs) ■ More commonly used than long-term CVCs |
| Tunneled CVCs | Implanted into in- ternal jugular, sub- clavian, or femoral vein | Long term [†] | | ■ Require surgical insertion ■ Require local or general anesthesia ■ Increased cost | ■ Lower rate of infection than non-tunneled CVCs ■ Dacron cuff inhibits migration of organisms into catheter tract when ingrown |
| Implantable ports | Inserted in the sub- clavian or internal jugular vein. Tun- neled beneath the skin; subcutaneous port accessed with a noncoring needle. | Long term | ■ Improved body image (low visibility of port) ■ Patient comfort ■ Local catheter site care and dressing not needed when not in use | Require surgical insertion and removal Require general anesthesia Increased cost | ■ Lowest risk for CLABSI |
| Peripherally inserted central catheter (PICC) | Inserted percuta- neously into basilic, brachial, or cephalic vein and enters the superior vena cava | Usually short to intermediate | ■ Ease of insertion, usually at the bedside by a specially trained registered nurse | Can be difficult to position in central vein Potential for occlusion | |

^{*} Short term: usually less than three weeks.

Sources: Adapted from O'Grady NP, Alexander M, Burns LA, Dellinger EP, Garland J, Heard SO, Lipsett PA, Masur H, Mermel LA, Pearson ML, Raad II, Randolph AG, Rupp ME, Saint S; Healthcare Infection Control Practices Advisory Committee (HICPAC). Guidelines for the prevention of intravascular catheter-related infections. *Clin Infect Dis.* 2011 May;52(9):e162–193. Epub 2011 Apr 1; Larson SD, Mancini MC. Vascular access, surgical treatment. *Medscape Reference*. Jan 25, 2010. Accessed Jul 11, 2013. http://emedicine.medscape.com/article/1018395-overview#showall.

[†] Long term: weeks to months.