## ENVIRONMENTAL

#### ENTRIES/EXITS

- $\Box$  Are there enough exits and adequate routes of escape?
- □ Can exit doors be opened only from the inside to prevent unauthorized entry?
- $\Box$  Is access to work areas only through a reception area?
- □ Are reception and work areas designed to prevent unauthorized entry?
- $\Box$  Are there security guards at the entrances and/or exits of the unit?
- $\Box$  Are there metal detectors at the entrances of the unit?

## WORK AREA HAZARDS

- □ Are waiting and work areas free of objects that could be used as weapons?
- □ Are chairs and furniture secured to prevent use as weapons?
- □ Is furniture in waiting and work areas arranged to prevent employees from becoming trapped?
- □ Are hallways and work areas clear of obstacles that block pathways?

## WORKPLACE DESIGN

- □ Could someone hear a worker call for help?
- □ Is there appropriate lighting used in patient areas? (brightly lit, dim during sleeping times)
- $\Box$  Is there an appropriate noise level in patient areas?
- □ Can workers observe patients or clients in waiting areas and rooms from their work stations?
- □ Are patient or client areas designed to maximize comfort and minimize stress?
- □ Are there employee-only work areas that are separate from public areas?
- □ Is a secure place available for employees to store their personal belongings?
- □ Are private, locked restrooms available for staff?

## SECURITY MEASURES

- □ Are emergency phone numbers programmed into phones? (i.e. security)
- $\Box$  Do workers have easy access to telephones?
- $\Box$  Are there security cameras in the unit?
- $\Box$  Are there functional alarms/panic buttons?

# ADMINISTRATIVE

## POLICIES RELATED TO WORKPLACE VIOLENCE

- □ Is a "zero tolerance" policy for violence clearly communicated to both employees and patients through verbal or posted cues?
- □ Is there a written workplace violence prevention program in your facility?
- □ Is there someone responsible for the violence prevention program to ensure that all managers, supervisors, and employees understand their obligations?
- $\Box$  Are there emergency procedures in place for violent events?
- □ Are there well-communicated consequences for employees who engage in Type III violence?
- □ Are workers instructed to report suspicious or threatening activity?
- □ Are workers encouraged to report violent incidents?

Adapted from: Hamblin L, Essenmacher L, Luborsky M, Russell J, Janisse J, Upfal MJ, Arnetz JE. Worksite walkthrough intervention: data-driven prevention of workplace violence on hospital units. J Occup Environ Med. 2017 Sep; 59(9):875-884.

Checklist of Suggested Prevention Strategies for Workplace Violence on Hospital Units

### SAFETY PROCEDURES

- $\Box$  Is there someone responsible for building security?
- □ Are there trained security personnel accessible to workers in a timely manner?
- $\Box$  Are workers told who is responsible for security?
- □ Is there adequate staffing available at all times to protect or aid workers against assaults or other violence?
- □ Is there a "buddy system" for when workers are in potentially dangerous situations?
- □ Do security personnel have sufficient authority to take all necessary action to ensure worker safety?

## STAFFING

- Do workers have at least one other employee on the unit with them on each shift?
- □ Is there adequate staffing for transfers, emergency situations, and extra-role work tasks? (taking time away from routine patient care)
- □ Are there regular visiting hours with proper monitoring/number of staff at these times?

#### WORK ROUTINES AND RESOURCES

- $\Box$  Is there a system in place for sharing limited equipment?
- □ Are there specific, communicated guidelines in place for "float staff" (e.g. respiratory therapists) and how staff should share the facility with them?
- □ Are incidents of workplace violence reviewed?

## BEHAVIORAL

#### STAFF KNOWLEDGE

- □ Are workers informed about incidents of workplace violence on their unit?
- □ Are workers up to date on ethical and legal issues for workplace violence?
- $\Box$  Are workers made aware of unit policies for violence as they are updated?

#### STAFF SKILLS

- □ Are workers trained to respond to violent situations involving patients?
- □ Are workers trained in ways to prevent or defuse potentially violent situations?
- □ Are workers trained in personal safety and self-defense?
- □ Are workers trained in conflict resolution?
- □ Are workers trained in the emergency response plan (for example, escape routes, notifying the proper authorities)?
- $\Box$  Are workers trained to report violent incidents or threats?

#### STAFF PROFESSIONAL BEHAVIOR

- □ Are there trained employees who could mediate conflict between coworkers?
- □ Are workers trained to promote respectful treatment among coworkers?

Checklist of Suggested Prevention Strategies for Workplace Violence on Hospital Units

# **OTHER STRATEGIES:**

| Contact Person:   | Email: | 3 |
|-------------------|--------|---|
| When (Time Plan): |        |   |
| Who:              |        |   |
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| What:             |        |   |
| ACTION PLAN:      |        |   |
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