

## Checklist of Suggested Prevention Strategies for Workplace Violence on Hospital Units

### ENVIRONMENTAL

#### ENTRIES/EXITS

- Are there enough exits and adequate routes of escape?
- Can exit doors be opened only from the inside to prevent unauthorized entry?
- Is access to work areas only through a reception area?
- Are reception and work areas designed to prevent unauthorized entry?
- Are there security guards at the entrances and/or exits of the unit?
- Are there metal detectors at the entrances of the unit?

#### WORK AREA HAZARDS

- Are waiting and work areas free of objects that could be used as weapons?
- Are chairs and furniture secured to prevent use as weapons?
- Is furniture in waiting and work areas arranged to prevent employees from becoming trapped?
- Are hallways and work areas clear of obstacles that block pathways?

#### WORKPLACE DESIGN

- Could someone hear a worker call for help?
- Is there appropriate lighting used in patient areas? (brightly lit, dim during sleeping times)
- Is there an appropriate noise level in patient areas?
- Can workers observe patients or clients in waiting areas and rooms from their work stations?
- Are patient or client areas designed to maximize comfort and minimize stress?
- Are there employee-only work areas that are separate from public areas?
- Is a secure place available for employees to store their personal belongings?
- Are private, locked restrooms available for staff?

#### SECURITY MEASURES

- Are emergency phone numbers programmed into phones? (i.e. security)
- Do workers have easy access to telephones?
- Are there security cameras in the unit?
- Are there functional alarms/panic buttons?

### ADMINISTRATIVE

#### POLICIES RELATED TO WORKPLACE VIOLENCE

- Is a “zero tolerance” policy for violence clearly communicated to both employees and patients through verbal or posted cues?
- Is there a written workplace violence prevention program in your facility?
- Is there someone responsible for the violence prevention program to ensure that all managers, supervisors, and employees understand their obligations?
- Are there emergency procedures in place for violent events?
- Are there well-communicated consequences for employees who engage in Type III violence?
- Are workers instructed to report suspicious or threatening activity?
- Are workers encouraged to report violent incidents?

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### SAFETY PROCEDURES

- Is there someone responsible for building security?
- Are there trained security personnel accessible to workers in a timely manner?
- Are workers told who is responsible for security?
- Is there adequate staffing available at all times to protect or aid workers against assaults or other violence?
- Is there a “buddy system” for when workers are in potentially dangerous situations?
- Do security personnel have sufficient authority to take all necessary action to ensure worker safety?

### STAFFING

- Do workers have at least one other employee on the unit with them on each shift?
- Is there adequate staffing for transfers, emergency situations, and extra-role work tasks? (taking time away from routine patient care)
- Are there regular visiting hours with proper monitoring/number of staff at these times?

### WORK ROUTINES AND RESOURCES

- Is there a system in place for sharing limited equipment?
- Are there specific, communicated guidelines in place for “float staff” (e.g. respiratory therapists) and how staff should share the facility with them?
- Are incidents of workplace violence reviewed?

## BEHAVIORAL

### STAFF KNOWLEDGE

- Are workers informed about incidents of workplace violence on their unit?
- Are workers up to date on ethical and legal issues for workplace violence?
- Are workers made aware of unit policies for violence as they are updated?

### STAFF SKILLS

- Are workers trained to respond to violent situations involving patients?
- Are workers trained in ways to prevent or defuse potentially violent situations?
- Are workers trained in personal safety and self-defense?
- Are workers trained in conflict resolution?
- Are workers trained in the emergency response plan (for example, escape routes, notifying the proper authorities)?
- Are workers trained to report violent incidents or threats?

### STAFF PROFESSIONAL BEHAVIOR

- Are there trained employees who could mediate conflict between coworkers?
- Are workers trained to promote respectful treatment among coworkers?

**OTHER STRATEGIES:**

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**Who:**

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**When (Time Plan):**

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**Contact Person:**

**Email:**

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Adapted from: Hamblin L, Essenmacher L, Luborsky M, Russell J, Janisse J, Upfal MJ, Arnetz JE. Worksite walkthrough intervention: data-driven prevention of workplace violence on hospital units. J Occup Environ Med. 2017 Sep; 59(9):875-884.