

CDC Hand Hygiene Guidelines to Minimize CLABSI Risk

To minimize the risk of central line–associated bloodstream infection (CLABSI) associated with direct contact of the hands of health care personnel, the 2011 US Centers for Disease Control and Prevention (CDC) guideline recommends that hand hygiene be performed at the times shown on the checklist below.

√	Hand Hygiene Performed
	Before donning gloves
	Before palpating the site of catheter insertion
	After palpating the site of catheter insertion
	Before inserting the catheter
	After inserting the catheter
	Before accessing, replacing, repairing, or dressing the catheter
	After accessing, replacing, repairing, or dressing the catheter
	After removal of gloves

Note: After the antiseptic has been applied to the site, further palpation of the insertion site should be avoided, unless aseptic technique is maintained.

Sources: O’Grady NP, et al.; Healthcare Infection Control Practices Advisory Committee (HICPAC). Guidelines for the prevention of intravascular catheter-related infections. *Clin Infect Dis*. 2011 May;52(9):e162–193. Epub 2011 Apr 1. Centers for Disease Control and Prevention. “Guideline for Hand Hygiene in Health-Care Settings.” *Morbidity and Mortality Weekly Report* 51, no. RR-16; 2002 Oct 25. Accessed Sep 24, 2013. <http://www.cdc.gov/mmwr/PDF/rr/rr5116.pdf>.